



ESPRM

European Society of
Physical & Rehabilitation Medicine

ESPRM General Assembly

Riga

14th September 2023

REPORT on national PRM Societies

DEAR FELLOW COLLEAGUES,

Hereby we present you with great satisfaction the first comprehensive Report on the state of Physical and Rehabilitation Medicine in the ESPRM member countries.

We appreciate the cooperation of our colleagues - ESPRM ambassadors - who contributed with information on their national PRM Societies. We sincerely hope that this Report will serve in further communication and exchanging ideas among the European PRM Societies as well as "identity card" of European Physical and Rehabilitation Medicine in communication with National Health Policy Authorities.

With best regards!

Klemen Grabljevec



Frane Grubišić



ESPRM EXECUTIVE COMMITTEE

2023-2027

Klemen Grabljevec

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President
General Representation of
ESPRM, Coordination of
Congresses and Executive
Committee activities, close follow
and updating of Statutes and
By-laws.



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Member
Representative of individual
members, Liaison for increasing
Individual Members Project (IMP)



BOSNIA AND HERZEGOVINA

**Association of physiatrists
of Republic of Srpska, Bosnia and Herzegovina
Udruženje fizijatara Republike Srpske – UFRS
email: udruzenje_fizijatara_republike_srpske@yahoo.com**

Background:

Bosnia and Herzegovina is a state composed of two equal entities: The Republika Srpska and The Federation of Bosnia and Herzegovina. Each entity has its own national association of physiatrists: The Association of physiatrists of the Republika Srpska and The Association for Physical Medicine and Rehabilitation in the Federation of Bosnia and Herzegovina. Two representatives are present in ESPRM GA as ambassadors - one from The Republic of Srpska (Dragana Dragičević-Cvjetković, assistant profesor) and one from The Federation of Bosnia and Herzegovina (Mirsad Muftić, PhD). During the voting process in the ESPRM GA from Bosnia and Herzegovina, one vote is validate, which is the result of an agreement between two equal ambassadors.

The report I am sending you below refers exclusively to The Association of Physiatrists of the Republic of Srpska.

Management of the association:

Sandra Trivunović,

MD, President of the Society
Institute of physical medicine,
rehabilitation and orthopedic
surgery “Dr Miroslav Zotović”
Banja Luka



Aleksandra Hadživdić,

MD, Chairman of the Board,
General hospital Doboj



Mladen Pušac,

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rehabilitation “Mlječanica” K.
Dubica



Biljana Majstorović,

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Mladen Pešta,

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Miroslav Zotović” Banja Luka



Nataša Keleman,

MD, Member of the Board,
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Clinical Center of Republic of
Srpska, Banja Luka



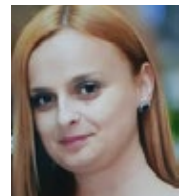
Hristina Janjić Zirojević,

MD, Member of the Board,



Tanja Stanivuković,

MD, Secretary od PRM Society of
the Republic of Srpska



Number of national PRM Society members (specialists and residents):

In total: 130

- Active specialists: 110
- Residents: 20

List of scientific and educational events organized by the National PRM Society from September 2022 – September 2023:

Two expert meetings with lectures on current topics in rehabilitation accredited by the Ministry of Health of the Republic of Srpska (November 2022, April 2023).

National Congress:

In Bosnia and Herzegovina, Congresses of physiatrists of Bosnia and Herzegovina are held every 4 years and are hosted once by the Republic of Srpska and the second time by the Federation of Bosnia and Herzegovina - the next congress is planned for autumn 2024 organized by the PRM Society of the Republic of Srpska.

List of members with affiliations of Executive committee of the National PRM Society

Assistant Prof. **Frane Grubišić**, MD, PhD,
President

Prim. **Katarina Sekelj Kauzlarić**, MD,
1st Vice President

Full Prof. **Tonko Vlak**, MD, PhD,
2nd Vice President

Vedran Brnić, MD,
General Secretary

Silvija Mahnik, MD,
Treasurer

Full Prof. **Simeon Grazio**, MD, PhD

Associate Prof. **Valentina Matijević**, MD, PhD

Prim. **Saša Moslavac**, MD, PhD

Associate Prof. **Porin Perić**, MD, PhD

Associate Prof. **Nadica Laktašić Žerjavić**, MD, PhD

Associate Prof. **Dubravka Bobek**, MD, PhD

Full Prof. **Tea Schnurrer Luke Vrbanić**, MD, PhD

Ana Aljinović, MD, PhD,

Darija Granec, MD, PhD

Adelmo Šegota, MD

Number of national PRM Society members (specialists and residents)

Number of licensed PRM Specialists: 330

Number of PRM residents: 100

Number of national PRM society members: 260

List of scientific and educational events organized by the National PRM Society from September 2022 – September 2023

Annual Meeting of the Croatian PRM Society – Round table on the subspecialties in PRM, 21st November 2022, Zagreb

1st Croatian neurorehabilitation symposium on spasticity treatment with international participation – 25th February 2023, Krapinske Toplice

ESPRM General Assembly and UEMS PRM Section and Bord Meeting and General Assembly, 30th March-01st April 2023, Zagreb

Role and significance of the post-COVID 19 rehabilitation programme, 21st April 2023, Varaždinske Toplice

Short report (up to 200 words) on national PRM congress

10th Croatian Congress of Physical and Rehabilitation Medicine will be organized in March 2024

CYPRUS



CYPRUS SOCIETY OF PHYSICAL MEDICINE AND REHABILITATION
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List of members with affiliations of Executive committee of the National PRM Society:

Nicolas Christodoulou

president

Savvas Apollon Chronis

vice president

Katerina Matsouka - Christodoulou

Secretary

Savvas Millios

Treasurer

Iphigenia Malikidou

member of the ExC.

Number of national PRM Society members (specialists and residents)

10 active members (specialists).

List of scientific and educational events organized by the National PRM Society from September 2022 – September 2023

Unfortunately, due to the covid-19 pandemic, all these events have been postponed for the future.

Short report (up to 200 words) on national PRM congress (if organized from September 2022)

No organization for national PRM congress yet, since Sept. 2022.

CZECH REPUBLIC

Czech Society of Rehabilitation and Physical Medicine

Executive committee:

MUDr. **Michal Říha**, Ph.D., MBA,
chairman

Assoc. Prof. MUDr. **Yvona Angerová**, Ph.D., MBA,
deputy chairman

MUDr. **Pavel Maršálek**,
deputy chairman

Assoc. prof. MUDr. **Ivan Vařeka**, Ph.D.,
scientific secretary

Assoc. prof. MUDr. **Kamal Mezian**, Ph.D.,
treasurer

MUDr. Jan Vacek, Ph.D.

MUDr. **Martina Kůvári**, MHA, Ph.D.

prof. PaedDr. **Pavel Kolář**, Ph.D.

MUDr. **Martina Hoskovcová**, Ph.D.

MUDr. **Peter Wágner**

MUDr. **Ondřej Horáček**, Ph.D.

Assoc. Prof. MUDr. **Alois Krobot**, Ph.D.

MUDr. **Jiří Ulrych**

Assoc. Prof.. PhDr. **Ondřej Čákr**, Ph.D.

MUDr. Bc. **Tereza Gueye**, Ph.D.

Number of members of our society:

507.

Scientific events:

National congress of the Czech Society of
Rehabilitation and Physical Medicine 25 – 27th
May 2023, Luhačovice, Czech Republic

Ultrasound navigation courses for the purpose of
botulinotoxin application for spasticity – regularly
4 times per /year.

National congress of the Czech Society of Rehabilitation and Physical Medicine 25 – 27th May 2023, Luhačovice, Czech Republic

The hosting place for the event was traditionally
in a town, Luhačovice, famous for a spa treatment
provided for more than 300 years. There were 395
participant on this event. In this forum, various
issues were discussed, from resident training
to the organization of the health care system.
The scientific program of the congress covered
four main topics: pelvic floor rehabilitation,
vestibular rehabilitation, aging and sarcopenia,
and functional movement disorders. The last part
of the event was post-congress musculoskeletal
ultrasound and vestibular rehabilitation
workshops. We are pleased to state that the
congress had a positive financial balance.

ESTONIA

ESTONIAN SOCIETY OF PRM DOCTORS-BRIEF DESCRIPTION

Estonian Society of PRM Doctors (we call our physicians rehabilitation doctors, not rehabilitation specialists) was founded in 1992; comprises 106 active members, 5 of them are currently postgraduate students (residents).

In Estonia, Physical Medicine and Rehabilitation as a separate speciality exists since 1992 while Department of Sport Medicine and Department of Physical Medicine were incorporated into Department of Sports Medicine and Rehabilitation, University of Tartu.

Postgraduate training of PRM doctors started in 1997, residency lasts for 4 years. The last programme for residential training was updated in 2021.

The postgraduate medical training is carried out in best facilities in Estonia under the supervision of best specialists of the profession. In addition to developing practical professional skills and experience while performing procedures and investigations, the residents have to participate in theoretical courses, conferences, clinical rounds and educate themselves with the help of scientific literature.

Since 2000 the PRM Society started to compose the development plan for rehabilitation system. The main priorities of the plan include:

- intensive multidisciplinary rehabilitation after acute illness or trauma
- easily accessible outpatient rehabilitation
- centralisation of inpatient beds into separate units.
- reorganisation of payment system
- evidence based guidelines (stroke, PCI, cardiovascular rehabilitation, OA, COPD, etc.)
- co-operation of other medical societies (family doctors, neurologists, cardiologists, rheumatologists, etc.)
- co-operation with the related specialists (societies of speech therapists, psychologists, physiotherapists)
- cohesive system of assessment tools for treatment outcomes

Scientific and educational events

Sept.2022-Sept. 2023

The entire year 2022 was dedicated to rehabilitation medicine as the specialty celebrated its 30th anniversary (in Estonia) and the Estonian Society of PRM Doctors – 20th anniversary. The main event was 7th Baltic and North Sea Conference on Physical and Rehabilitation Medicine, *Vascular Rehabilitation – the Journey from Cause to Result* (June 9th-11th, 2022), in cooperation with Baltic Nordic Forum of PRM.

Other events:

- Special issue „Rehabilitation“ as appendix of national medical journal *Eesti Arst (Estonian Doctor)* (May 2022)
- Session at the Annual Conference of Estonian Doctors: *Intelligent rehabilitation as a hallmark of quality* (May 2022)
- The Anniversary Conference of Estonian Society of PRM Doctors-26.08.22
- Rehabilitation Medicine.- an Integral Part of Disaster Medicine-12.05.2023
- The Summer Seminar of Estonian Society of PRM Doctors: challenging case-histories in rehabilitation medicine -09.-10.06.23
- Practical workshop: How to use Botulinum toxin in rehabilitation medicine?-25.08.23

Estonian Society of PRM Doctors is a member of UEMS PRM Section and Board as well as of ESPRM.

Representatives of Estonian Society of PRM Doctors in UEMS PRM Section and Board as well as in ESPRM are Annelii Jürgenson and Aet Lukmann

5 residents at the present

FRANCE

List of members with affiliations of Executive committee of the National PRM Society:

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Number of national PRM Society members (specialists and residents):

330 members

261 specialists

69 residents

List of scientific and educational events organized by the National PRM Society from September 2022 – September 2023 :

Congrès breton Rennes-Brest 2022



Quelques chiffres provisoires :

- 533 abstracts soumis
 - 242 communications orales
 - 120 posters
 - 19 ateliers
 - 152 refusés
- Participants :
 - 1088 congressistes
 - 27 associations
- Partenaires :
 - 50 stands
 - 264 badges exposants



GERMANY

List of members with affiliations of Executive committee of the National PRM Society – Germany (DGPRM)

N. Best

(Erster Vizepräsident, Herausgeber Zeitschrift PRM) Incoming President

J.J. Glaesener

(Beisitzer)

C. Gutenbrunner

(Beisitzer, Rehabilitation international President elect; Past-president of the Global Rehabilitation Alliance; Member European Academy of Rehabilitation Medicine; Ambassador ESPRM/ ISPRM)

L. Kosmeier

(Junges Forum)

G. Krischak

(Zweiter Vizepräsident) Past president

U. Lange

(Beisitzer, Leitlinien-Beauftragter)

C. Lemhöfer

(Beisitzerin, Leitung Akademie)

G. Lichti

(Schatzmeisterin)

M. Liebl

(Präsident) President

F. Niemann

(Junges Forum)

A. Reißhauer

(Schriftführerin)

S. Schwarzkopf

(Beisitzerin)

A. Steinmetz

(Beisitzerin)

C. Sturm

(Beisitzer, Sprecher Kommission Digitalisierung in der PRM)

M. Weig

(Beisitzer, Sprecher Kommission Forschung; Member European Academy of Rehabilitation Medicine)

A. Winkelmann

(Beisitzer, Ambassador/Delegate ESPRM/ UEMS Section & Board)

C. Wilke

(Vorsitzende BVPRM)

PRÄSIDENT (PRESIDENT DGPRM)

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**Univ-Prof. (PMU Salzburg)
Dr. Susanne Schwarzkopf**

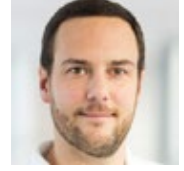
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**VORSITZENDE BVPRM****Cornelia Wilke**

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Rehabilitative Medizin
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2. Number of national PRM Society members (specialists and residents)

German PRM Society (DGPRM) 402 Members

- 340 paying Members (255 PRM specialists/ fellows, 85 PRM Trainees)
- 62 not- paying Members (honorary members and others)
- the number of DGPRM members was decreasing from 2008 to 2017 (about 300 members) and rising 5 following years to a maximum of about 400 members at the end of 2022,
- only a small number of PRM specialists or residents are members of the DGPRM (German PRM Society)

We don't have exact numbers of PRM residents (PRM trainees) in Germany at the moment

In Germany we have had (31.12.2022, Medical statistics from the German Medical Association) 2771 PRM specialists,

- 1909 PRM specialists are working/ employed (862 without working as physicians/ retired),
- 774 PRM specialists work on an outpatient basis (528 self-employed/ 246 employed PRM specialists),
- 895 specialists work with inpatients (117 as chief/ senior physicians),
- 57 work in public authorities,
- 183 work in other areas ;

3. List of scientific and educational events organized by the National PRM Society from September 2022 – September 2023

National DGPRM Congresses:

- 15.-17. September 2022 –online-127th DGPRM Congress (... online...);
- 14.-16. September 2023 -128th DGPRM-Congress in Berlin – partly as a Hybrid Congress (PRM interdisciplinary, moving)

COMMISSION FOR EDUCATION, TRAINING AND FURTHER EDUCATION IN THE PRM

- Together the delegates of the DGPRM (German PRM Society) and BVPRM (professional PRM association), the commission forms the joint AG WBO (Working group PRM training regulations, Speaker: Max Liebl). National Competency-Based Catalog of Learning Objectives Medicine

(NKLM): A speciality assignment process of learning objectives of the NKLM to the likely planned speciality areas according to future licensing regulations was completed under the direction of the AWMF (working group of scientific medical societies). In the process, numerous learning objectives that are particularly relevant to the speciality of PRM were assigned to the speciality of PRM. The NKLM can be viewed online at <https://nkml.de> including the speciality assignments.

GERMAN ACADEMY FOR PRM (DAPRM)

- At the end of 2021, the German Academy for Physical and Rehabilitative Medicine (DAPRM) was founded, formally as a DGPRM commission, with the aim of offering advanced training courses for (prospective) PRM specialists. The tasks of the ARGE PRM, which has since been dissolved, were also transferred to the Academy. Christina Lemhöfer (representative: Christian Sturm) took over the management of the DAPRM. An advisory board, which supports the management in terms of content, is staffed together with the professional association. In addition to the "specialist courses", courses for obtaining the additional qualification and offers for other professional groups are to be developed in the coming years. In May 2022, the first specialist PRM refresher course took place in Hannover with great success and was repeated in November 2022 as an online version. This concept is now to be offered twice a year (2023 again in May and November). Further offers for this year and next are or are currently being developed (e.g. Introductory course - therapy with botulinum toxin in November 2022ff). The courses are advertised on the homepage of the DGPRM (sub-point Academy) as well as via the magazine and the Young Forum PRM.

4. Short report (up to 200 words) on national PRM congress (if organized from September 2022)

15.-17. September 2022 – 127th DGPRM, German Congress of PRM (... online...):

- Sessions: Tinnitus - multimodal und multifocal, Rheumatology and > Osteology, Update Lymphedema Update muscles (with current research results from space), Free themes, Interdisciplinary early rehabilitation, acute and early rehabilitation after COVID-19, continuing rehabilitation after COVID-19, Post-COVID

syndrome: PRM treatment approaches, Clinical research: Neurodegenerative Diseases, Clinical rehabilitation: Neurodegenerative Diseases, Rehab Technology and Telerehabilitation, Follow-up care in the social room for people with spinal cord injuries: requirements and approaches, PRM meets psychosomatics Or: functional syndromes or what does the body have to do with the psyche?, Scientific methods, National Pandemic Cohort Network (NAPKON) – Section PRM, Continuity in the rehabilitation of polytraumatized (with DGU, German Society of trauma surgery), On the way to an inclusive healthcare system

- The Young PRM Forum discusses: PRM in the clinic – compatibility of family planning, career and leisure time!?,
- Keynote: Science and medicine in art
- satellite symposiums: Innovation meets evidence: Digital therapy for non-specific back pain (with the kind support of Kaia Health Software GmbH), Compression care from the aspect of obesity (with the kind support of Julius Zorn - Juzo)
- Workshops: Cochrane rehabilitation – what’s new?, Mobile Rehabilitation – Task and perspective for the PRM, Manual Medicine: the acute functional cervical syndrome, Osteopathic procedures: visceral osteopathy for the „dumb“, Triggerpoint Acupuncture, CO₂-therapy – evidence and practice,

14.-16. September 2023 -128th DKPRM (German Congress of PRM) in Berlin – partly as a Hybrid Congress (PRM interdisciplinary, moving):

- The congress will offer both an overview of the latest developments in our field and a varied training program. A central topic will be Physical and Rehabilitative Medicine (PRM) in the context of long-term rehabilitation. Other topics include, among many others, translational PRM, lymphology, rheumatology/osteology, innovative technology in PRM, early rehabilitation and mobile rehabilitation. The Young Forum is also actively involved in program design. The BVPRM supplements the congress with a professional policy program.

HUNGARY

Hungarian Rehabilitation Society Report for Riga GA

Executive board members:

István TÓTH, MD, PRM Physician
– president

Péter CSERHÁTI, MD, PhD, PRM Physician
– president elect

Gábor FAZEKAS, MD, PRM, PhD, Physician –
immediate past president

Edit PAPP, MD, PRM Physician
– general secretary

Zoltán DÉNES, MD, PhD, PRM Physician –
secretary for foreign affairs

Ferenc LUTERÁN, MD, PRM Physician
– treasurer

Ágnes MAYER, PhD, Physiotherapist
– secretary for youth affairs

Number of national PRM Society members (specialists and residents):

Number of members, who are medical doctors:
280, including 25 residents, plus there some are
non-medical members (psychologists, speech
therapists etc.)

List of scientific and educational events organized by the National PRM Society from September 2022 – September 2023:

28 Sept 2022 Scientific Meeting of Speech
Therapists (Section at congress of the Hungarian
Rehabilitation Society)

29 Sept 2022 – 1 Oct 2022: Yearly Meeting of
the Hungarian Rehabilitation Society (National
Rehabilitation Congress), Siófok, Hungary

27 Oct 2022: Novoszel – Maninnger Memorial Day
(one day scientific meeting), National Institute for
Medical Rehabilitation, Budapest, Hungary

18. November 2022 “Body and psyche” (Test
és lélek) Conference (Section meeting of
Psychological Section of the Hungarian
Rehabilitation Society)

31 March 2023: Scientific Meeting of the
Neurorehabilitation Section of the Hungarian
Rehabilitation Society, Pásztó, Hungary

12 May 2023: Youth Forum of the Hungarian
Rehabilitation Society, Győr, Hungary

Short report (up to 200 words) on national PRM congress (if organized from September 2022):

The Yearly Congress of the Hungarian
Rehabilitation Society in 2022 was organized
between 29 September and 1 October 2022,
in Siófok, Hungary. The number of participants
was 420. The main topics involved the situation
of rehabilitation during the COVID pandemic,
rehabilitation post stroke, innovative technologies,
children’s rehabilitation, amputees, osteoporosis,
osteoarthritis, speech therapy, neuropsychology.

The Yearly Congress of the Hungarian
Rehabilitation Society, including the General
Assembly where the leaders of the Society will be
elected for the next years is due between 12-14
October 2023, in Siófok, Hungary. The main topics
involve transition young people with disabilities
from the children to the adult rehabilitation
setting, neurorehabilitation, chronic pain, use
of artificial intelligence and telemedicine in
rehabilitation, robotics in rehabilitation, speech
diagnostics and therapy, neuropsychology,
other topics. Around 400-450 participants are
expected. Number of presentations will be 150
plus sponsored lectures, two teaching courses
(how to build into a rehabilitation programme the
devices based on advanced technology and the
other will be about using MRI in rehabilitation).
There will a workshop in music therapy.

Report

List of members with affiliations of the Executive committee of the National PRM Society.

Iuly Treger

- Rehabilitation Soroka Medical University Hospital & Ben-Gurion University

Avraham Lazary

- Bait Balev Hospital & Ono Academic College

Dianne Michaeli

- Loewenstein Hospital Rehabilitation Center & Tel Aviv University

Keren Cismariu Potash

- Loewenstein Hospital Rehabilitation Center & Tel Aviv University

Dafna Guttman

- Tel Hashomer Rehabilitation Center & Tel Aviv University

Afif Saaida

- Rehabilitation North Department Clalit Medical Services

Shirit Ophir

- Rehabilitation Central Department Clalit Medical Services

Shay-Ofir-Geva

- Loewenstein Hospital Rehabilitation Center & Tel Aviv University

Number of national PRM Society members (specialists and residents).

140 specialists & 70 residents.

List of scientific and educational events organized by the National PRM Society from September 2022 – September 2023.

Annual congress of IAPRM 12.2022 – RSTU (Rehabilitation Science & Technology Update).

In May 2023 – a half-a-year half-a-day congress, organized by the Council in one of the academic or professional facilities. This year in Ono Academic College with the discussion on disability management in rehabilitation, and patients' perception of disability.

Monthly virtual Journal Classes are organized on different issues of PRM by the Young PRM group, open to all participants.

A 3-year weak academic program for PRM residents from all departments of the country is organized (mostly virtual) by PRM division of Tel Aviv University (TAU).

All PRM departments are teaching medical students from their regional universities. In most places, the course is one week long and is voluntary. The TAU is an exception – obligatory 2-week round for all students. Nowadays the Council together with the Ministry of Health Rehabilitation Director is making efforts to change PRM rounds to obligatory in all universities.

Short report on national PRM congress.

The annual national congress of the Israel Association of Physical and Rehabilitation Medicine was held 6-7 December 2022 in Avenue Convention Center near Ben-Gurion Airport. It was a 72nd congress, named RSTU-2022 (Rehabilitation Science & Technology Update). As always, we had 2 – full days of scientific activity, created of scientific and didactic sessions in different fields of PRM in 4 sections. Opening lectures were given by Prof. Steven Kirshblum from SCI Research New Jersey System, United States: "SCI Research and Rehabilitation: Past, Present and Future"; and Prof. Leon Deouell from ELSC Edmond & Lily Safra Center, Israel: "The interface between conscious and non-conscious perception, roles of attention and spatial representation in conscious awareness".

The closing plenary invited lecture was given by Dr. Nachum Soroker after obtaining the Haim Ring Lifetime Achievement Award in PRM activity in Israel and abroad: "Thoughts about empiric and theoretical rehabilitation treatments for hemiparesis, neglect and aphasia".

There were around 600 participants from all rehabilitation professional fields, and 30 supporting and exhibiting companies at the congress.

Before the Congress – Rehabilitation week with professional hands-on workshops, was organized in different PRM departments of Israel. This year 5 such workshops were prepared from dissimilar PRM fields.

REPORT ON THE ITALIAN SOCIETY OF PHYSICAL AND REHABILITATION MEDICINE (SIMFER)

SIMFER (Italian Society of Physical and Rehabilitation Medicine) is the Italian leading specialist medical society for Physiatry. Members of SIMFER are PRM specialists, trainees and other medical doctors working in the field of rehabilitation. It was established in 1958.

The main purposes of SIMFER are to promote high standards in the practice of physiatry, through education, science, and ethics, to support the role of PRM in the healthcare systems and to advocate for the participation and inclusion of the persons with disability.

Regional Groups and Special Interest Scientific Committees contribute to the activities of the Society.

SIMFER organizes an annual national Congress; it publishes the bimonthly the "European Journal of Physical and Rehabilitation Medicine" (which is also the official journal of the European Society of Physical and Rehabilitation Medicine), and the quarterly "Giornale Italiano di Medicina Riabilitativa" (Italian Journal of Rehabilitation Medicine).

The production and dissemination of documents of interest for the area of rehabilitation, such as position papers and guidelines, are part of the activities of the Society, as well as the cooperation with the Government, Institutions and other policy makers involved in the organization of healthcare services.

SIMFER is member of the European Society of Physical and Rehabilitation Medicine (ESPRM) and the International Society of Physical and Rehabilitation Medicine (ISPRM) and has partnerships with many national and international organizations involved in PRM.

EXECUTIVE COMMITTEE

President: Giovanna Beretta - Director, Dipartimento Interaziendale Metropolitano di Riabilitazione and Director, Struttura Complessa Medicina Riabilitativa e Neuroriabilitazione - ASST Ospedale Metropolitano Niguarda - Milano

Past President: Pietro Fiore - Full Professor, Physical and Rehabilitation Medicine, Università di Foggia and Director, Unità Medicina Riabilitativa IRCSS Maugeri, Bari

Secretary General: Carlo Damiani - Director - Unità Operativa del Reparto di Riabilitazione Neuromotoria I RCCS San Raffaele - Roma

Treasurer: Lorenzo Agostini - Private Practice - San Benedetto del Tronto (AP)

Members:

Ernesto Andreoli - Director, Unità Operativa Medicina Fisica e Riabilitazione - Policlinico S.Orsola Bologna

Stefano Bargellesi - Director of Dipartimento di Riabilitazione Ospedale Territorio and Director Struttura Complessa di Medicina Fisica e Riabilitativa - Azienda ULSS3 Serenissima Regione Veneto - Venezia

Andrea Bernetti - Full Professor-Head of Physical and Rehabilitation Medicine - Unisalento MedTec faculty - Lecce

Alessandro De Sire - Professor, Physical and Rehabilitation Medicine, Università degli Studi Magna Graecia di Catanzaro and Unità Operativa Complessa di Medicina Fisica e Riabilitativa, Azienda Ospedaliero Universitaria "Mater Domini" - Catanzaro

Silvia Galeri - Director, Unità di Riabilitazione Specialistica Azienda Ospedaliera Papa Giovanni XXIII - Bergamo

Giovanni Iolascon - Full Professor, Physical and Rehabilitation Medicine and Director, Dipartimento Multidisciplinare di Specialità Medico-Chirurgiche e Odontoiatriche Università degli Studi della Campania Luigi Vanvitelli - Napoli

Giulia Letizia Mauro - Full Professor, Physical and Rehabilitation Medicine, Università degli Studi di Palermo and Director Dipartimento Assistenziale Integrato " Riabilitazione, Fragilità e Continuità Assistenziale" AOUP Paolo Giaccone - Palermo

Lia Rusca - Director, Dipartimento Interaziendale di riabilitazione del Piemonte Orientale and Director, Struttura Complessa di Medicina Riabilitativa, ASL BI - Biella

Number of national PRM Society members

In 2022, the Active members were **1.701**

Residents were **417**

List of scientific and educational events organized by the National PRM Society from September 2022 – September 2023

50° National Congress of the Italian Society of Physical and Rehabilitation Medicine, October, 23-26th, 2022 in Catania. Title: “Technological innovation and robotics for the disabled and frail persons”

National Training Course on “The PRM Specialist and the prescription of technical aids: a patient-centered approach”, March 23-25th, in Bergamo

Webinars on many different topics of interest, only available for SIMFER members at:

<https://www.simfer.it>)

Podcasts on many different topics of interest, with free access available at:

<https://www.simfer.it/?s=SIMFERcast>

Two online courses with professional training credits on: “WHITE BOOK ON PHYSICAL AND REHABILITATION MEDICINE IN EUROPE” and “CONSENSUS CONFERENCE ON ROBOTICS AND REHABILITATION OF PERSONS WITH NEUROLOGICAL CONDITIONS”

Report on the last National PRM congress

The 50° National Congress of the Italian Society took place from Oct.23 to 26th in Catania.

The main topic was: “Technological innovation and robotics for the disabled and frail persons”.

Many other topics were included in the program, such as rehabilitation in persons with cerebral stroke, head trauma, cerebral palsy and spinal cord injuries, amputation, musculoskeletal conditions. The rehabilitation in oncology and many other conditions were also treated.

The Congress also included special sessions for trainees in PRM and Cochrane Rehabilitation, and joint sessions with other scientific societies and representatives of persons with disability.

The participants were **1.040** the trainees were **293**

LATVIA

Latvian association of rehabilitation physicians

President **Anda Nulle**

Vicepresidents **Zaiga Kalnberza**

Inese Svikliņa

Ilze Haznere

Lolita Cibule

Ingrīda Tambore

Uģis Beķeris

136 PRM physicians + 15 residents

6 events – 5 conferences and 1 Summer school (2days)

National congress organized by LRPOA -society, which includes PT;OT; speech therapists, art therapists, technicians.

LITUANIA

Lituania SPRM Board members:

President

Alvydas Juocevicius,

MD, PhD , prof., Health Science Faculty,
Klaipeda University;

e-mail: alvydas.juoc@gmail.com

Vice president

Vitalius Glamba,

MD, Director Abromiskiu Rehabilitation hospital;

e-mail: vglamba@abromiskes.lt

Treasurer

Agirdas Valiulis,

MD, PhD, Head of PRM center,

e-mail: algirdval@gmail.com

Members

There are 100 active members of LSPRM.

The National congress of LSPRM will be in 2024

LUXEMBOURG

Another important information regarding reports of national PRM societies

List of members with affiliations of Executive committee of the National PRM Society

Marguerite Leches

- President

Jean-Paul Schmiz

- Secretary

Joachim Renouprez

- Treasurer

Isabelle Lehobey

Eleftheria Antoniadou

Katharina Ueberham

- members

Number of national PRM Society members (specialists and residents)

24

List of scientific and educational events organized by the National PRM Society

From September 2022 – September 2023 0

Short report (up to 200 words) on national PRM congress (if organized from September 2022)

We don't have national PRM congress

The Malta PRM Association was set up in 2013 and includes all the physiatrists practicing in the country as well as associate members who are elected and represent the specialty of PRM.

The members are:

Dr Stephen Zammit

Dr Stefano La Maestra

Dr Andrei Agius Anastasi

Ms R Messina

Mr M Vella

Mr J Schembri

Ms C Scerri

Ms E Fenech

Ms G Ransley

There are 3 fully qualified specialists working in Malta together with one resident with another 2 physiatrists working in the UK.

Over the last year (Sept 22-Sept 23) we organised a PRM symposium to enhance the specialty in Malta together with an educational meeting on Spasticity Management.

The PRM conference this year took the form of a day symposium where we invited various stakeholders related to PRM (doctors and allied health staff) to participate and present their views on the current situation of PRM in Malta and future perspectives in the field.

We had two keynote speakers from Israel (Iuly Treger) and Italy (Nicola Manocchio), two patient presentations on their views of the system, various presentations on acute PRM input and discharge outcomes as well as a small round table tackling the situation with all the pros and cons to list problems and see how these can be tackled.

There were over 200 participants including officials from the Ministry for Health who also took part in the round table discussion and a short report on the key points that came out were eventually presented to the Ministry for future consideration.

MONTENEGRO

The Montenegrin Association of Physical and Rehabilitation Medicine

The Montenegrin Association of Physical and Rehabilitation Medicine has a total of 34 members. Of that number, 28 are specialists in physical medicine and rehabilitation, whereas 6 are residents. We note that the total number of inhabitants of Montenegro is approximately 620000.

The President of the Association is **Milena Adžić**, and the General Secretary is **Marina Vuković**.

The ESPRM ambassadors are: **Marija Obradović** and **Vesna Bokan-Mirković**, whereas the treasurer is **Vanja Vukičević**.

In the period from September 2022 to September 2023, the national Association organized:

Expert meeting on the topic: „Applications of intraarticular injections in the treatment of osteoarthritis“, which lasted one day, and was held on 05.09.2022;

Expert meeting on the topic: „Three-dimensional treatment of idiopathic scoliosis according to Rigo concept – BSPTS“, which was held in the period from 28.10. to 29.10.2022;

The 6th National congress of the Association of Physical and Rehabilitation Medicine on the topic: „New experiences in physical and rehabilitation medicine“, which was held in the period from 04.05. to 07.05.2023 in Budva.

The congress gathered over 200 participants, both from Montenegro and from neighboring countries and Europe. All speakers, 40 of them in total, spoke on 9 different topics from competence, organization and education in physical medicine and rehabilitation, through new technologies in physical medicine, pain, early rehabilitation, balneology, to novelties from all areas of physical medicine and rehabilitation. Young colleagues and residents in the field of physical medicine and rehabilitation presented their work in more than 20 poster-presentations. The Congress, like all educations organized by the Association of Psychiatrists of Montenegro, is accredited by the Medical Chamber of Montenegro and is part of the mandatory continuous education for all doctors, both of our Association and of the doctors of Montenegro in general.

NETHERLAND

Correspondence to the board through: VRA@revalidatiegeneeskunde.nl

List of members with affiliations of Executive committee of the National PRM Society

Mw. Annette van Kuijk

- Executive Board President

Mw. Jetty van Meeteren

- Executive Board Vice President

Mw. Annetje de Rooij

- Member Executive Board Treasurer

Mw. Judith Fleuren

- Member Executive Board

Mw. Leonie de Ruijter

- Member Board - portfolio Professional Affairs

Mw. Nicole Voet

- Member Board - portfolio Scientific Affairs

Vacancy

- Member Board - portfolio Quality Affairs

Dhr. Vincent de Groot

- Member Board - portfolio Educational Board and Capacity

Mw. Suzanne Staijen

- Member Board - portfolio Child Rehabilitation

Mw. Hjalmar Bos

- Member Board - residents

Dhr. Frans Nolet

- Member Board - representing Dutch Professors

Number of national PRM Society members (specialists and residents)

965, 665 specialists, 130 residents and 170 rehab workers, researchers, and managers.

List of scientific and educational events organized by the National PRM Society from September 2022 – September 2023

DCRM 2022

<https://rehabilitationmedicinecongress.nl/agenda/dcrm-2022>

Colloquium 2023

Ongoing National Educational program live 7 themed sessions for residents September 2022 and February 2023

Short report (up to 200 words) on national PRM congress

On Friday 21 April 2023, the VRA organised the Colloquium 2023 with the theme: "The happy doctor".

How do you become and remain a happy doctor? Whether you are a starting doctor in training or have been working as a rehabilitation doctor for many years; Working as a doctor in a complex and rapidly changing environment is demanding. As a doctor of the future, it is all about meaning and compassionate medical leadership, no longer just about medical knowledge.

The question was how to continue to take care compassionately despite a high workload, administrative burden, and lurking stress? During this conference knowledge and tools through plenary sessions and workshops was given to increase happiness at work. In addition, Research was highlighted at the Colloquium during the free paper sessions and there was time to meet various sponsors during a lunch session and in the stands.

Our two days 2022 autumn congress was titled: Proven Practice: effectiveness and impact of rehabilitation medicine with Keynotes, parallel sessions and workshops and of course a sizzling party after 3 years of online conferencing.

POLAND

List of members with affiliations of Executive committee of the National PRM Society

PRESIDENT:

Rafał Sapuła MD PhD MS
Zamość Rehabilitation Clinic, Zamość, Poland

VICE-PRESIDENT:

Iwona Sarzyńska Długosz MD PhD
2nd Department of Neurology, Institute of Psychiatry and Neurology, Warsaw, Poland

VICE-PRESIDENT:

Tomasz Saran MD PhD
Department of Neuro and General Rehabilitation, Witold Chodzko Institute of Rural Health, Lublin, Poland

SECRETARY:

Ewa Mazurkiewicz MS
Zamość Rehabilitation Clinic, Zamość, Poland

DEPUTY SECRETARY:

Dorota Hałasa-Majchrzak MD
Department of Neuro and General Rehabilitation, Witold Chodzko Institute of Rural Health, Lublin, Poland

TREASURER:

Anna Naklicka MS
Zamość Rehabilitation Clinic, Zamość, Poland

MEMBER:

Elżbieta Miller MD PhD prof.
Department of Neurological Rehabilitation, Medical University of Lodz, Lodz, Poland

MEMBER:

Katarzyna Hojan MD PhD
Department of Occupational Therapy, Poznan University of Medical Sciences, Department of Rehabilitation, Greater Poland Cancer Centre, Poznan, Poland

MEMBER:

Małgorzata Łukowicz MD PhD
Professor Adam Gruca Independent Public Teaching Hospital in Otwock, Rehabilitation Clinic. Postgraduate Medical Education Centre. Rehabilitation Department. Otwock, Poland

MEMBER:

Lidia Perenc MD PhD
Institute of Health Sciences, Medical College, University of Rzeszow, Rzeszow, Poland

MEMBER:

Krzysztof Czernicki MD PhD
Department of Rehabilitation, Lesser Poland Orthopaedic and Rehabilitation Hospital, Cracow, Poland

MEMBER:

Jarosław Szczygiał MD PhD
Humanitas University in Sosnowiec, Sosnowiec, Neurorehabilitation Department, District Hospital, Zawiercie, Poland

Number of national PRM Society members -

150 active members

List of scientific and educational events organized/co-organized by the Polish Society of Rehabilitation from September 2022 – September 2023

- Symposium of the Pomeranian Division of the Society: 50 years from a rehabilitation facility to a rehabilitation department. 24.09.2022 Gdańsk
- Symposium of the Mazovian Division of the Society: Occupational therapy in rehabilitation: 22.10.2022 - online
- Symposium of the Pomeranian Division of the Society: Comprehensive treatment in post-stroke spasticity 04.11.2022 Gdańsk
- Co-organizer of the IV Forum of Practitioners: Pediatrics "Diagnostics and physiotherapy in the temporomandibular joint disorders in children and adolescents. Warszawa, 9.12.2022
- Co-organizer of the III International Congress of the Polish Muscles Ligaments and Tendons Society: Stay in the game – practical application of medicine in sport" 15-17.12.2022 Łódź
- Conference: Living with a rare disease 16.12.2022 Gdańsk
- Symposium of the Mazovian Division of the Society: 15th Anniversary of Neurorehabilitation Department of District Medical Centre in Grójec, Grójec, 04.02.2023
- XV Rehabilitation Days: "Needs and standards in rehabilitation" Rzeszów: 16-17.02.2023
- Symposium of the Mazovian Division of the Society: Diagnostics and treatment of arthropaties: Warszawa 04.03.2023

- Co-organizer of the conference: Rehabilitation in civilization diseases. Part 1. Obesity: Lublin 18.03.2023
- Conference: Aspects of contemporary rehabilitation. Łódź 24.03.2023
- Co-organizer of students conference XVI Spring with Physiotherapy 12, 19, 22. 04.2023
- Symposium of the Mazovian Division of the Society: Challenges of contemporary rehabilitation. Warszawa 15.04.2023
- Co-organizer of the VI All-Poland Conference: of Rehabilitation, (Neuro)Orthopaedics and Medical Communication. Łódź: 21.04.2023
- Co-organizer of the Conference: Oveuse syndromes in sport. Trojanów 11-12.05.2023
- Symposium of the Mazovian Division of the Society: Motivation to change the lifestyle of seniors - an interdisciplinary challenge 23.05.2023, Warszawa
- Symposium of the Pomeranian Division of the Society: Novelty in the surgical treatment in cervical and lumbar spinal arthrosis. 25.05.2023, Gdańsk
- Conference: **"How to teach rehabilitation"**. Otwock, 16.06.2023
- Co-organizer of the Conference "30 years of botulin toxin: towards future". Warszawa 16-17.06.2023

Short report (up to 200 words) on national PRM congress (if organized from September 2022)

11 Congress of the Polish Rehabilitation Society took place between 13-14 May 2022 in Cracow.

22 Symposium of the Polish Rehabilitation Society is scheduled between 7-9 December 2023 in Pabianice.

A short report of crucial Problems of PRM in Poland.

PRM in Poland has been recognized as a basic medical specialty since 1958. Since then comprehensive rehabilitation with multidisciplinary teamwork coordinated by PRM physicians has been practised. Political changes in Poland in the 1980s-1990s. resulted among others in the division of the Ministry of Health and

Social Welfare into two independent resorts. This fact resulted in increasing difficulties in practicing medical/social coordinated care. Other problems facing PRM practice include:

- claims of representatives of rehabilitation team professionals (mainly PTs) who insist on equaling "rehabilitation" with physiotherapy by denying other than physical patients' needs, and pursue to eliminate PRM physicians (specialists) from the healthcare system.
- inadequate reimbursement of PRM procedures, undervaluation of outpatient rehabilitation, lack of reimbursement of typical PRM procedures (such as interventional ultrasonography), in-patient PRM services.

Recent number of PRM specialists in Poland: 2020.

Recent number of PRM trainees in Poland: 233.

Overall number of young physicians in Poland is inadequate which affects the training of young specialists in almost all medical specialties. Particularly the number of young physicians taking up PRM training is insufficient. It results in a decreasing number of young PRM physicians and a rising mean age of PRM specialists.

The following actions and strategies are undertaken/planned:

1. Lobbying/propagation/educational actions to improve awareness of publicity/stakeholders/politicians/patients/medical professionals/ persons responsible for decisions in a healthcare organization of the importance and unique role of PRM in the healthcare system and competencies of PRM physicians. Other aim is to obtain a status of a "deficit specialty" for PRM, that would result in preferred financing for trainees:

- interactions with politicians, medical professionals, DPOs;
- lobbying activities of the President of the Polish Rehabilitation Society (serving also as a Counselor of the Senior Policy Committee of the Polish Parliament) National Consultant of PRM, representatives of the Polish Rehabilitation Society;
- organization of conferences, courses, public campaigns, providing lectures, publication of informative materials. Of interest there are

conferences for trainers and teachers on how to teach rehabilitation (first such conference was held on 16.06.2023), Next will be a conference for final year medical students propagating PRM role(planned for March-April 2024). All those events have free registration;

2. Modification of the undergraduate education impress medical students and untrained physicians with knowledge of how PRM is attractive and demanded, by:

- Increasing the number of teaching hours of PRM and ensuring the provision of updated and practical content (according to the undergraduate curriculum by the European Board of PRM) with the assurance of optimal practical training;
- implementation of ETRs.

3. Improvement in postgraduate PRM training:

- shortcutting of PRM specialty for interested physicians representing other specialties (internal medicine, paediatrics, pediatric surgery, orthopaedics & traumatology, neurology, and occupational medicine;
- emphasizing practical skills of PRM physicians in the training process by organizing more courses in applications of ultrasound for diagnostics and interventions, practical skills in spasticity management, comprehensive pain management, etc.
- implementation of ETRs

4. Implementation of ICF-based assessment in PRM to visualize its efficacy and assure the need for an effective rehabilitation team.

REPUBLIC OF NORTH MACEDONIA

List of members of Executive committee of the National PRM Society of Republic of North Macedonia

President of the association of physiatrists of North Macedonia

Valentina Koevska, MD, PhD
University Clinic for Physical Therapy and Rehabilitation
Faculty of Medicine, University "St. Cyril and Methodius"
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General Secretary

Maja Manoleva, MD
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Treasurer

Maria Gocevskaja MD, PhD
University Clinic for Physical Therapy and Rehabilitation
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Association of physiatrist of the republic of North Macedonia

120 members.

In the period from September 2022 to September 2023, the Macedonian Association of Physiatrists held one congress and two educational events.

The Macedonian Association of Physiatrists organized and held the Fifth Congress with international participation in RN Macedonia, Ohrid, from September 25-27, 2023.

The first educational event was held on March 17, 2023, within the framework of a continuous medical education on the topic "Physical therapy and rehabilitation of soft tissue injuries of the hand".

The second educational event was held in June 2022 within the framework of continuing medical education on the topic "Latest knowledge on treatment and rehabilitation of cerebrovascular stroke"

The Macedonian Association of Physiatrists organized and held the Fifth Congress with international participation in Ohrid, Republic of North Macedonia, from September 25-27, 2022.

The main topics of the congress were consisted six topics: post-covid rehabilitation, rehabilitation in neurology, rehabilitation in musculoskeletal diseases, rehabilitation I rheumatology, rehabilitation in childhood, and novelties in orthotics and prosthetics. A total of 210 participants from our country and abroad took part in the congress.

All abstracts from the congress were published in a printed edition, Proceedings of the 5th Congress of Physiatrists, September 25-27, Ohrid, 2022, ISBN 978-608-66240-2-6.

There were a total of 15 invited lecturers 20 oral presentations, and 39 poster presentations by colleagues from our country and from the surrounding countries, such as Slovenia, Turkey, Serbia, Montenegro and Croatia. Also, some of the papers are from our respected colleagues from related medical fields such as orthopedics, traumatology, neurology, cardiology, geriatrics, etc.

After each of the main topics of the congress, there was a fruitful discussion and the conclusion was reached that all components in the treatment of the disease - prevention, diagnosis, treatment and rehabilitation are equally important.

The conclusion of the congress was that we have enriched our knowledge and experience and have answered many questions from many areas of physical and rehabilitation medicine, namely the implementation of physical procedures and innovative programs for rehabilitation.

The Congress was very successful.

SLOVENIA

Slovenian Society for Physical and Rehabilitation medicine Slovensko Združenje za fizikalno in rehabilitacijsko medicino – ZFRM

List of members with affiliations of Executive committee of the National PRM Society

Dr.sc. **Zala Kuret** MD FEBPRM –
President of the Society
University Rehabilitation Institute,
Ljubljana.



Assist. Prof. Dr.sc.
Tadeja Hernja Rumpf MD
FEBPRM – Vice president of the
Society
Department for PRM, University
Clinical Center Maribor



Dr.sc. **Katarina Cunder**
MD FEBPRM – Secretary
of the Society
University Rehabilitation Institute,
Ljubljana.



Assist. Prof. Dr.sc. **Neža Majdič** MD
FEBPRM – Treasurer of the Society
University Rehabilitation Institute,
Ljubljana.



Prim. **Lidija Plaskan**, MD MSc
FEBPRM – member
Department for PRM,
Celje general Hospital



Tanja Čanč
MD FEBPRM – member
Department for PRM, Celje general
Hospital



Veronika Potočnik
MD FEBPRM – member
Department for PRM, Jesenice
general Hospital



Klemen Grabljevec
MD MSc FEBPRM – member &
past president
University Rehabilitation Institute,
Ljubljana



Jan Arko MD
– representative of PRM residents
University Rehabilitation Institute,
Ljubljana



Number of national PRM Society members (specialists and residents)

In total: 160

Active specialists: 115

Residents: 30

Retired specialists: 15

List of scientific and educational events organized by the National PRM Society from September 2022 – September 2023

- 8th Slovenian congress of Physical and Rehabilitation medicine; 17 – 19 November 2022
- Online educational curriculum for residents; March 23rd 2023 : Ischiofemoral impingement
- Online educational curriculum for residents; April 6th 2023: Fascia and fasciitis
- Practical course for residents; April 7th 2023: Conventional Physical Therapy Modalities
- 34th Rehabilitation Days (organized by URI Ljubljana, endorsed by ZFRM); April 13 – 14 2023: Common Clinical Problems in rehabilitation Medicine
- Practical course for residents; May 12th 2023: Advanced Physical Therapy Modalities
- Spring scientific meeting; May 19th 2023: Novelties in Osteoporosis, Spondylosis and Sacroileitis treatment

Short report (up to 200 words) on national PRM congress (if organized from September 2022)

The 8th Congress of the Slovenian Society for P&R Medicine was organized from 17th – 19th November 2022 in Primus Grand Hotel in the city of Ptuj. The participation of 120 satisfied attendees from Slovenia and Croatia was above expected number. The sessions of the scientific programme were: Rehabilitation after vascular diseases and amputations (Chairs H. Burger and N. Kos), Rehabilitation of persons with CNS lesions and injuries (Chairs T. Hernja-Rumpf and N. Bizovičar), Rehabilitation in children (Chairs K. Groleger-Sršen and T. Kovačec-Hermann), Rehabilitation of persons with acute and long term sequelae of Covid-19 (Chairs P. Novak and B. Jesenšek-Papež), Rehabilitation of patients with inflammatory and degenerative MSK disorders (Chairs K. Grabljevec, T. Rauter-Pungartnik) and Rehabilitation after MSK trauma and sport injuries (Chairs: K. Cunder and M. Zorko).

The special plenary session on Chronic pain in adults and children/adolescents was held by Z. Kuret and M. Stahl.

Pre-congress workshops for residents were organized on the topics: Indications and contraindications for the advanced methods in physical therapy (A. Poljičanin and B. Bečir), Neuromodulation in spasticity and chronic pain – rehabilitation approach (K. Grabljevec and Z. Kuret) and How to write a scientific article (K. Groleger-Sršen).

It was a great satisfaction, that opening plenary lecture was held by the president of ISPRM prof. Francesca Gimigliano: “How to implement the application of evidence in rehabilitation: the knowledge translation strategy”. Unfortunately prof. Gimigliano’s lecture was presented on-line, due to delays in air traffic above the Italy.

We are honoured, that following international keynote speakers kindly accepted our invitation: prof. Ruud Selles (Erasmus University Rotterdam), Prof. Milica Lazović (President of Mediterranean forum for PRM, Belgrade, Serbia), Dr. Marta Supervia Pola (Hospital G. Maranon, Madrid), Dr. Ana Poljičanin (Clinical Center Split, Croatia), Minna Staahl (HUS New Childrens Hospital, Helsinki), prof. Tea Schnurrer Luke Vrbanić (Clinical center Rijeka, Croatia), prof. Belgin Erhan (Madeniyet University Istanbul), Prof. Frane Grubišić (president of Croatian PRM Society, Zagreb, Croatia), Dr. Hanna Skala Kavanagh (Sisters of mercy Hospital, Zagreb, Croatia) and Dr. Boris Bečir (Podologija Clinic, Split, Croatia).

During the opening ceremony, our distinguished colleague Dr. Hermina Damjan, also a former long term delegate of Slovenia in ESPRM and UEMS PRM Section, was honoured with the title “Honorary member” of the Slovenian Society for P&R Medicine. The 2022 “Aleš Demšar Award” for the outstanding achievements was delivered to Dr. Primož Novak, for his clinical and research work during the Covid-19 pandemic period.

The general assembly of the Society was held on 18th November and the new Executive Board of Slovenian Society was elected, with Dr. Zala Kuret as the president of Society. Former president Dr. Klemen Grabljevec will continue to work in the Executive Board as pa

List of members with affiliations of the Executive committee of the National PRM Society

MUDr. **Miriám Dziaková**, MD, PhD. - President
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Luis Pasteur University Hospital in Košice
Department of Physiatry, Balneology and Medical Rehabilitation

Katarína Chamutyová, MD, MPH.

Helena Šingliarová, MD, PhD.

Dagmar Šefčíková, MD, PhD.

Peter Takáč, Assoc. Prof. MD, PhD.

Linda Králiková, MD.

Miroslav Malay, MD, PhD.

Miroslav Kozár, MD.

Lucia Jakubová, MD.

Number of national PRM Society members (specialists and residents)

330

List of scientific and educational events organized by the National PRM Society from September 2022 - September 2023

XXXI. Congress of the Slovak Society of Physiatry, Balneology and Medical Rehabilitation with international participation, 9.-10.6. 2023, Bratislava

Slovak Vertebrological Symposium with international participation 29.-30.9.2023, Košice

Robotic-assisted rehabilitation conference, with international participation 14.12. 2022, Košice

Short report (up to 200 words) on national PRM congress

XXXI. The Congress of the Slovak Society of Physiatry, Balneology, and Medical Rehabilitation, with international participation, took place 9.-10.6. 2023, in Bratislava. The main topic was post-stroke rehabilitation. There were lectures on the use of new technologies in rehabilitation, especially robotic rehabilitation and telerehabilitation, as well as lectures on neurorehabilitation in childhood and geriatrics. A special lecture was dedicated to information from UEMS PRM and ESPRM. A collection of abstracts has also been published.

SPAIN

THE SPANISH SOCIETY OF PHYSICAL & REHABILITATION MEDICINE

Authors: Enrique Varela-Donoso, Judith Sánchez-Raya

INTRODUCTION AND ORGANIZATION

The Spanish Society of Physical & Rehabilitation Medicine (SERMEF) was founded in 1957 and currently has about 1,200 full members plus a few more associate and honorary members.

The current address of its headquarters is in Madrid on Rodríguez Marín street.

Their website and contact email are:

www.sermef.es

sermerf@sermef.es

Its current president is Dr. Carolina de Miguel-Benadiba, a PRM-specialist physician who works at the Ramón y Cajal Hospital in Madrid.

SERMEF principles are:

1. To promote the development of Physical Medicine and Rehabilitation, both in practice and in teaching
2. The publication of a scientific research journal of our members
3. The cooperation with other scientific societies and organizations in the research and development of Physical Medicine and Rehabilitation
4. To provide information and advice, when necessary, to the different government bodies, autonomic bodies and local and provincial organizations

The Society is present at: The National Commission of the Specialty of Physical and Rehabilitation Med., professional environments such as the Federation of Spanish Medical Scientific Associations and The Spanish Collegiate Medical Organization.

There are some SERMEF affiliated societies even at regional and scientific/monographic level, as well as several working groups

At regional level, there are 14 societies, each one of them, autonomous in its operation and that organizes its own events, publications, courses, working groups, etc. On the other hand, at monographic and scientific level there are The Spanish Society of: Paraplegia (SEP), Acquired brain injury (SERDACE), Children rehab (SERI), Orthopedic and Manual Medicine (SEMOOYM), Cardio-respiratory rehab (SORECAR), Phoniatics

rehab (SOREFON), Geriatric rehab (SERG) and Labor rehab.

Regarding National Working Groups, we can mention: Shock Waves, Lymphedema, Osteoporosis rehab, Pelvic Floor, Interventional rehab, Biomechanics, Vestibular Rehab, Private medicine, Resident trainees, COVID rehab, Home rehab, Obesity and Arthrosis.

OFICIAL SCIENTIFIC JOURNAL

Rehabilitación (Madr) is the official scientific journal of SERMEF. It is a 67 years old journal, published only in Spanish language (abstracts in English). It is currently indexed (since 2019) in MEDLINE, CINAHL, and IME (The Spanish Medical Index). Since 2022 it has an IF of 0,431. Its current rejection index is of a 64%. The journal represents the most important reference for articles published in Spanish language

CONGRESSES

There is an annual National Congress with a high scientific level. The last one took place in Santander on May 2023 with a participation of 953 in a hybrid format. There has been a notable increase in participants in successive editions.

On the other hand, the regional and monographic societies also organize conferences and courses once or twice a year.

TEACHING AND TRAINING

SERMEF organizes two courses a year, taught by the National Society itself

ECOSERMEF

EXPERT DEGREE IN ULTRASOUND FOR REHABILITATION SPECIALISTS. The training program is carried out in collaboration with CEU University. There is a great international participation. Two annual modules with a face-to-face part and an online part.

Extension of teaching hours, accredited with 20 ECTS and 501 hours. The Course language is Spanish.

An extension to 60 ECTS credits (1,500 hours) of this course is now in project for the next future,

in order to obtain a MASTER degree. With the following parts:

Craniocervicofacial, children, lymphedema, econeurography, eco-guided interventionism, hemophilic arthropathy, musculo-skeletal pain, pelvic floor

OSEOSERMEF

It is an online course with three independent courses, based on skeletal pathologies.

COURSE 1: Basic Training in Mineral Metabolism

COURSE 2: Training in Comprehensive Treatment of Osteoporosis

COURSE 3: Training in the management of Osteoporosis, Clinical Management of the patient.

On the other hand, among the courses organized by the subsidiary societies, we must highlight the **Master's Degree in Manual Medicine**, organized by SEMOOYM (The Spanish Society of Orthopedic, Osteopathic and Manual Medicine), together with the University of Valencia. Its teaching program is approved by The FIMM (La Fédération Internationale de Médecine Manuelle)

SERMEF INTERNATIONAL RELATIONS

Periodic meetings have been held with **Latin American societies** of physical medicine and rehabilitation, as well as with the **Portuguese Rehabilitation Society** (SPMFR). On the other hand, SERMEF's participation in the last ESPRM/ISPRTM/SPMR congress in Lisbon in 2022 was very active.

ABOUT SERMEF RESEARCH PROMOTION IN REHABILITATION

Cochrane Rehab. In 2019 SERMEF signed an agreement with [@CochraneRehab](#) for Evidence Based Medicine

IPSEN project. (Innovation for patient care). Applicants requirements: Physical medicine and rehabilitation physician, with professional practice in Spain. The principal researcher must be a member of SERMEF. Research area: **NEUROREHABILITATION**. SERMEF offers two scholarships for this project

RISING STARS IN REHABILITATION. It is a 2 days **SERMEF/SPMFR** meeting with residents of both Countries (Spain & Portugal). Researches are presented. It takes place for 4 years ago. 8th-9th March 2023 took place the last meeting. Next March will take place again. Three prizes are offered for the three best researches

CLINICAL GUIDES-LINES. SERMEF has prepared many clinical practice guides in Spanish: Lymphoedema, COPD, etc. Recently, it has directly participated in the development of the **CANADIAN OBESITY CLINICAL PRACTICE GUIDELINE.**

SERMEF NEW PROJECT. It is a project for the application of **exercises in a multimedia way**. Project that will be carried out with the help of the Grünenthal laboratories

SERMEF INTERNATIONAL TEAM

Judith Sánchez Raya
Enrique Varela-Donoso
M^a Pía Spottorno
Sara Laxe
Marta Supervía

Report of the Serbian Association of Physical and Rehabilitation Medicine

Structural organization

Board of Directors:

President:

Prof. dr **Milica Lazović**, MD, PhD, PRM

Incoming president:

Emilija Dubljanin Raspopović, MD, PhD, PRM

Secretary:

Ass. Prof. **Nela Ilić**, MD, PhD, PRM

Treasurer:

Ass. Dr med sc **Ivan Selaković**, MD, PhD, PRM

Members:

Prof. dr **Ivana Petronić Marković**, MD, PhD, PRM

Prof. dr **Snežana Tomašević Todorović**, MD, PhD, PRM

Ass. Prof. Dr **Dragan Zlatanović**, MD, PhD, PRM

ESPRM Delegates

Prof. dr **Milica Lazovic**, MD, PhD, PRM

Prof. dr **Emilija Dubljanin Raspopovi**, MD, PhD, PRM

I would like to inform You about the activities of the Serbian Association of Physical and Rehabilitation Medicine (SAPRM) from the meeting in Bucharest in September 2022 until today. From the planned annual activities (Annual Congress; Scientific meetings (3 times a year); Continuous medical education; Certification procedures; Collaboration with the Serbian Medical Chamber; Collaboration with health services for design of health organization) in that period, we organized:

The 22nd International Congress of the FRM of Serbia (by the decision of the Health Council of Serbia) was held in Vrnjačka Banja from September 29 to October 2, 2022 under the title: "Physical and Rehabilitation Medicine and new Challenges". Our congresses, which are held every year, traditionally gather PRM specialists from Serbia and neighboring countries (BiH, SR&BIH, MKD, MNE...). This year there were about 390 participants, 34 lecturers by invitation. All papers that passed the review of the Scientific Committee of the Congress and the Editorial Board of the journal (93 papers) were prepared for publication in their entirety in the journal "Balneoclimatologia", which is ranked by the Ministry of Education, Science and Technological Development of the Republic of Serbia.

On October 12, 2022, SAPRM organized the Symposium "70 years of the Rehabilitation Clinic Dr. Miroslav Zotović in Belgrade", where papers from clinical studies and projects were presented. Researchers from the Clinic actively participate in projects of the Ministry of Science of the Republic of Serbia and international projects (Functional electrical therapy (FET) for shaping motor patterns after cerebrovascular stroke, Non-invasive cortical modulation, Hybrid computer interface of the brain to control sensory-motor connection in rehabilitation after stroke (HYBIS), HUTON Tempus project Mechatronics in rehabilitation, COSTS Pain in dementia, DIH HERO HORIZON 2020).

On May 26, 2023, SAPRM organized the Symposium “Multidisciplinary aspects of the treatment of anterior cruciate ligament injury of the knee” under the leadership of prof. Dr. Emilija Dubljanin Raspopović in Belgrade. By decision of the Health Council of Serbia, the Symposium was accredited as a National Symposium. It gathered around 180 participants from Serbia and surrounding countries.

SAPRM successfully organized the European Board Exam 2023 - UEMS PRM Board Examination - May 26, 2023 in Belgrade.

SAPRM organizes twice a year a Postgraduate Course: „Electrodiagnostic Methods in Physical Medicine And Rehabilitation - Basic level and Advanced level“ under the leadership of Ass. prof. Dejan Nikolić. The course was organized at the Institute for Rehabilitation in Belgrade and the University Children’s Clinic in Belgrade.

SAPRM members actively participated in the work of international congresses in 2023 with papers: ESCEO congress in Barcelona, Congress of physiatrists of Montenegro, 17th ISPRM World Congress - ISPRM 2023, Cartagena, Colombia, and 15th Mediterranean Congress of PRM, Rome, Italy.

SAPRM is currently organizing the 23rd Congress of PRM of Serbia, which will be held in Zlatibor from 21-24. September 2023 under the title: “New perspectives in the development of physical and rehabilitation medicine”. By decision of the Health Council of Serbia, the Congress was accredited as an International Congress.

On October 1, 2022, at the General Assembly of the Association, SAPRM adopted a **new STATUTE of the Serbian Association of Physical and Rehabilitation Medicine**, which harmonized it with the ESPRM Statute. According to the new Statute, a new leadership of the Association and new representatives of SAPRM in ESPRM (which we have already sent you) were elected.

UKRAINE

Information for ESPRM Report Book on Ukrainian Society of Physical and Rehabilitation Medicine (USPRM)

List of members with affiliations of the USPRM Board:

Chairman of the Board:

VLADYMYROV Oleksandr, MD, PhD, PRM Physician, FEBPRM, Dr.Med., Professor, Chair, Department of Physical and Rehabilitation Medicine and Sports Medicine, Shupyk National University of Healthcare in Ukraine, Kyiv

Members of the Board:

GOLYK Volodymyr, MD, PhD, PRM Physician, FEBPRM, Associate professor (Neurology), Docent (Physical and Rehabilitation Medicine), Technical Officer, Disability and Rehabilitation, WHO Country Office in Ukraine, Dnipro

HDYRYA Oksana, MD, PhD, PRM physician, FEBPRM, Docent, Chief, Department of Rehabilitation, L'viv Oblast Children Clinical Hospital OHMATDYT; Docent, Department of Physical and Rehabilitation Medicine and Sports Medicine, Shupyk National University of Healthcare in Ukraine, L'viv

KOLISNYK Serhii, MD, PhD, PRM Physician, FEBPRM, Docent, Department of Physical and Rehabilitation Medicine, Pyrohov memorial Vinnytsya National Medical University, Vinnytsya

KULYUPINA Tetyana, MD, PRM Physician, Chief, Department of Rehabilitation, CNE "City hospital #9" of Zaporizhzhia City Council, Zaporizhzhya

SYVAK Oksana, MD, PRM Physician, Deputy Director, National Cancer Institute, Kyiv

ZINOVJEVA Kateryna, MD, PT, PRM Physician, Chief, Department of Physical and Rehabilitation Medicine, CNE "Oblast Clinical Centre of Neurosurgery and Neurology" of Transcarpatian Oblast Council; Assistant professor, Department of Neurorehabilitation with courses of Medical Psychology, Pulmonology and Phtisiatics, Uzhhorod National University, Uzhhorod.

Number of USPRM members (specialists and residents)

Total number of USPRM members as of August 30, 2023 - **351**

Full membership of USPRM (PRM physicians) – **247**,

including residents (PRM intern doctors) – **47**

Associate members of the society (doctors of other specialties) - **104**

List of scientific and educational events organized by USPRM from September 2022 to September 2023

Scientific and practical conference with international participation: "Prospects for the development of medical and physical rehabilitation at different levels of providing medical care" September 29-30, 2022, Ternopil

International scientific and practical conference "Rehabilitation of children with disabilities: early, in the subacute period, long-term, taking into account rehabilitation interventions, educational and social components", November 18, 2022, Kyiv

Scientific-practical conference with international participation "Legal, organizational and economic principles of rehabilitation programs for persons with disabilities", November 11, 2022, Kyiv

2nd International medical online forum of intersectoral interaction of doctors: "Save the limb. Rehabilitation in Ukraine in the conditions of the active phase of the war", March 30, 2023, Kyiv

L'viv Medical Forum, Galmed, May 23-25, 2023, L'viv

Series of lectures by the WHO, UEMS PRM Section and Board (Mauro Zampolini, Yuliy Triger) of the Ministry of Health, UTFRM - during 2022-2023 Online training, The number of lectures is 21

Short paper (up to 200 words) at the PRM National Congress (when organized from September 2022)

2nd National Congress of Physical and Rehabilitation Medicine "Physical and Rehabilitation

Medicine in Ukraine: organization of multidisciplinary rehabilitation service in healthcare facilities" was conducted December 15-16, 2021 (Kyiv, online);

3rd National Congress is scheduled for December 13-14, 2023 (L'viv, mixed online-offline mode)

TURKEY

Turkish Society of Rehabilitation Medicine President Fitnat Dincer

List of members with affiliations of Executive committee of the National PRM Society

Fitnat Dincer MD.

Professor of Physical and Rehabilitation Medicine
President Turkish Society of Rehabilitation
Medicine Executive Com.

Bedriye Baskan MD

Professor of Physical and Rehabilitation Medicine
Vice President -Turkish Society of Rehabilitation
Medicine Executive Com.

Ozlem Cemeroglu MD

Professor of Physical and Rehabilitation Medicine
Treasurer - Turkish Society of Rehabilitation
Medicine Executive Com.

Burcu Duyur Cakıt MD

Professor of Physical and Rehabilitation Medicine
Member -Turkish Society of Rehabilitation
Medicine Executive Com.

Aysegul Yaman ,MD, Psychiatrist

Member - Turkish Society of Rehabilitation
Medicine Executive Com.

Aysegul Balcan Aslan, MD, Psychiatrist

Secretary of Turkish Society of Rehabilitation
Medicine Executive Com.

Ozge Kockara MD Psychiatrist

Member Turkish Society of Rehabilitation Medicine
Executive Com.Member

Number of National PRM Society members (specialists and residents)

Active ESPRM registered members are 400

List of scientific and educational events organized by the National PRM Society from September 2022 – September 2023

Our Society is organizing scientific and educational events by onsite / face to face meetings; hybrid meetings ; online meetings and also by website of the Society.

The following Lectures are delivered on National basis and these lectures are also available on the web site of Turkish Society of Rehabilitation Medicine free of charge for the benefit of Turkish PRM Doctors who couldn't attend to the meeting,which is very helpful for all of them.

List of lectures delivered between the requested dates:

Lecture: What is Neuropathic, Nociceptive, and Nociplastic Pain? Current Diagnosis and Classification in Neuropathic Pain in PRM.

Chair of the Lecture: Fitnat Dincer

Lecturer- Ayşegül Balcan Aslan

Lecture :Non-Pharmacological Treatment in Neuropathic Pain. The Role and Importance of Physical and Rehabilitation Medicine Physicians in Non-Pharmacological Treatment.

Chair of the Lecture :Hakan Genç

Lecturer Burcu Duyur Çakıt

Lecture : What do the Guidelines say about the management of Fibromyalgia Syndrome (FMS)? What are the Pharmacological and Non-pharmacological Recommendations in PRM ?

Chair of the Lecture : Canan Çelik

Lecturer Fitnat Dincer

Lecture: Pharmacological Approach in Fibromyalgia -Update in treatment.Where are we now in the Management? Rational Use of Medications in PRM

Chair of the Lecture: Nuri Çetin

Lecturer Mehmet Ali Taşkınatan

Lecture:Current Approaches in Pharmacological Treatment of Neuropathic Pain. What do the Current Guidelines Say about Neuropathic Pain Treatment? Should Combination Therapy be Used?

Chair of the Lecture : Lale Aktekin

Lecturer Ülkü Akarımak

Lecture :Challenges and Coping Strategies with Medications in Neuropathic Pain. Gabapentinoids and Safety. How to Manage Potential Side Effects in PRM?

Chair of the Lecture :O.Koçkara

Lecturer Özlem Cemeroglu

Lecture:When Should Interventional Methods be Used in Neuropathic Pain in PRM ?

Chair of the Lecture :Kenan Akgün

Lecturer Demirhan Dıraçoğlu

Lecture How Should Nutrition be in Neuropathic Pain ? What is the Role of Dietary Supplements in PRM?

Chair of the Lecture: Seyhan Sözüay
Lecturer Ayşegül Yaman

Lecture: Management of Neuropathic Pain according to Regions in PRM .Update on Neuropathic Pain Associated with Neuropathy, Complex Regional Pain Syndrome and Diabetic Neuropathic Pain.

Chair of the Lecture: Pınar Borman
Lecturer Dilek Keskin

Lecture :Neuropathic Pain Assessment in PRM and Updates in Rheumatic and Musculoskeletal Diseases.

Chair of the Lecture: Bedriye Başkan
Lecturer Tuncay Duruöz

Every month on the basis of scientific and educational activities:

Turkish Society of Rehabilitation Medicine Executive Com members have a Scientific meeting every month, and at this meeting update articles on Evidence Based Medicine in PRM is presented and discussed.

Every month on the basis of scientific and educational activities:

We share with all Turkish PRM Doctors the full text of the selected paper of the month published in "Aging Clinical and Experimental Research". Mentioned articles are available on the web site of the Society.

Only last paper of the month is mentioned here.

Machine learning as an adjunct to expert observation in classification of radiographic knee osteoarthritis: findings from the Hertfordshire Cohort Study Leo D. Westbury¹ · Nicholas R. Fuggle^{1,2} · Diogo Pereira^{3,4} · Hiroyuki Oka⁵ · Noriko Yoshimura⁶ · Noriyuki Oe⁶ · Sasan Mahmoodi⁷ · Mahesan Niranjani⁷ · Elaine M. Dennison^{1,8} · Cyrus Cooper

Aging Clinical and Experimental Research (2023) 35:1449–1457

<https://doi.org/10.1007/s40520-023-02428-5>

- Also attending to Turkish Medical Association 's (TMA) Scientific Meetings, and **sharing** TMA's scientific and educational events on web site **with all Turkish PRM Colleagues ;**
- Attending Site Visits of other Specialities being invited by Turkish Medical Association ;
- Attending WHO meetings, being invited by WHO and sharing it with PRM Colleagues.

Short report (up to 200 words) on national PRM congress (if organized from September 2022)

Date:2022

National Symposium on Evidence Based Medicine in PRM and Update in Musculoskeletal Disorders.17.December.2022

Place:

The Ankara Hotel
(Hybrid; onsite and online)

As The President of TSRM is an international Evidence Based Medicine guideline author with 5614 citations in EBM ,the Society gives very much importance to evidence based medicine and promotes evidence based medicine training of PRM doctors

So every year Organizing a National Symposium an Update in PRM Subjects on the basis of Evidence Based Medicine Evidence.

The most important point about this is: It is free to all residents.

We also put the presentations on our Society's website so that PRM doctors who cannot attend the Symposium /Congress can benefit.

The next Symposium /Congress will take place in November 2023 in Ankara Divan Hotel."Update in Musculoskeletal Disorders on the Basis of Evidence Based Medicine in Regional Pain Syndromes"

Detailed Scientific programme is available on website.

TURKEY

REPORT for the ESPRM – 30 August 2023 by the Turkish Society of PMR (TSPMR) & the Turkish Society of PMR Specialists (TSPMR Specialists)

Turkey is being represented by 2 PRM bodies in ESPRM:

1. First representation is by “The Turkish Medical Rehabilitation Society”. The president of this Society is Prof. Fitnat Dinger.
 2. The second representation is by the two Societies which is exclusively named/ conceptualised for the ESPRM as “The Turkish Federation of Physical Medicine and Rehabilitation Societies” based on the close cooperation between the two Societies.
- Turkish Society of Physical Medicine and Rehabilitation (TSPMR) - President Prof. Kenan Akgün; web site www.tftr.org.tr
 - Turkish Society of Physical Medicine and Rehabilitation Specialists (TSPMR Specialists) - President Prof. Müfit Akyüz; web site www.tsprm.org

Please note that after the invitation of Prof. Nicolas Christodoulou, the former ESPRM President, these 2 Societies had made an agreement of collaboration among them to represent Turkey in ESPRM and named this collaboration as “the Turkish Federation of Physical Medicine and Rehabilitation Societies”. This name has been used only for ESPRM delegation. Therefore, this report addresses the required information for these 2 Societies, TSPMR and TSPMR Specialists.

List of members with affiliations of Executive Committee of the National PRM Society

Turkish Society of Physical Medicine and Rehabilitation (TSPMR)

Prof. Kenan Akgün (President)

İstanbul University, Cerrahpaşa Faculty of Medicine, Department of PMR, İstanbul

Prof. Demirhan Dıraçoğlu

İstanbul University, İstanbul Medical Faculty, Department of PMR, İstanbul

Prof. İlker Yağcı

Marmara University, School of Medicine, Department of PMR, İstanbul

Prof. Meltem Vural

Acıbadem Atasehir Hospital, PMR Unit, İstanbul

Prof. Lale Altan İnceoğlu

Uludağ University, Medical Faculty, Department of PMR, Bursa

Prof. Dr. Engin Koyuncu

University of Health Sciences, Gülhane Faculty of Medicine, Department of PMR, Gaziler Physical Medicine and Rehabilitation Training and Research Hospital, Ankara

Specialist Dr. Muzaffer Toklu

Fizyomom Physical Therapy and Rehabilitation Center, İstanbul

Turkish Society of Physical Medicine and Rehabilitation Specialists (TSPMR Specialists)

Prof. Müfit Akyüz (President)

Ministry of Health Ankara Bilkent City Hospital, PMR Hospital, Ankara; Karabük University, Medical Faculty, Department of PMR, Karabük

Prof. Evren Yaşar

University of Health Sciences, Gülhane Faculty of Medicine, Ministry of Health Ankara Bilkent City Hospital, PMR Hospital, Ankara

Prof. Elif Yalçın

University of Health Sciences, Gülhane Faculty of Medicine, Ministry of Health Ankara Bilkent City Hospital, PMR Hospital, Ankara

Prof. Hakan Genc

University of Health Sciences, Gülhane Faculty of Medicine, Ministry of Health Ankara Training and Research Hospital, Ankara

Assoc. Prof. Serdar Kesikburun

University of Health Sciences, Gülhane Faculty of Medicine, Department of PMR, Gaziler Physical Medicine and Rehabilitation Training and Research Hospital, Ankara

Prof. Belgin Karaoğlan

Gazi University, Faculty of Medicine, Department of PMR, Ankara

Prof. Filiz Acar Sivas

University of Health Sciences, Gülhane Faculty of Medicine, Ministry of Health Ankara Bilkent City Hospital, PMR Hospital, Ankara

Prof. Pinar Borman

University of Health Sciences, Gülhane Faculty of Medicine,
Ministry of Health Ankara Bilkent City Hospital,
PMR Hospital, Ankara

Assoc. Prof. Emre Adıgüzel

University of Health Sciences, Gülhane Faculty of Medicine,
Ministry of Health Ankara Etlik City Hospital, PMR Hospital, Ankara

Number of National PRM Society members (specialists and residents)

Number of members in good standing for both Societies have been updated as of 30 August 2023 and number of common members of both Societies have been presented at the left column in the Table below.

	Common Members of both Societies (N)	Only TSPRM Members (N)	Only TSPRM Specialists Members (N)	All Members (N)
Specialists	699	24	19	742
Residents	59	10	-	69
Total	758	34	19	811

List of scientific and educational events organized by the National PRM Society from September 2022 – September 2023

Educational events organised by the TSPRM

- 53rd Traditional Çubukçu Symposium: Geriatric Rehabilitation; 25 November 2022 – Online; 243 participants.
- Neurogenic non-neurogenic bladder WG meeting 1. Approach to neurogenic lower urinary system dysfunction in spinal cord injury; 19 January 2023 – Online; 100 participants.
- Disaster Rehabilitation WG Educational meeting 1. Early stage amputee rehabilitation; 13 February 2023 – Online; 502 participants.
- Disaster Rehabilitation WG Educational meeting 2. Early stage rehabilitation principles in SCI; 17 February 2023 – Online; 450 participants.

- Disaster Rehabilitation WG Educational meeting 3. Compartment syndrome and rehabilitation; 22 February 2023 – Online; 420 participants.
- Disaster Rehabilitation WG Educational meeting 4. Peripheral nerve injuries: ultrasonographic approach and rehabilitation; 23 March 2023 – Online; 380 participants.
- Course: Prosthesis prescription for upper and lower extremities; 24 March 2023 - Ankara / Online hybrid; 247 participants.
- Neurogenic non-neurogenic bladder WG meeting 2. Approach to neurogenic lower urinary system dysfunction in stroke; 19 April 2023 – Online; 90 participants.
- Neurogenic non-neurogenic bladder WG meeting 3. Approach to neurogenic lower urinary system dysfunction in multiple sclerosis; 4 May 2023 – Online; 95 participants.
- Neurogenic non-neurogenic bladder WG meeting 4. Botulinum toxin application in neurogenic bladder. 18 May 2023 – Online; 83 participants.
- Neurogenic non-neurogenic bladder WG meeting 5. Pharmacotherapy in neurogenic bladder. 7 June 2023 – Online; 75 participants.
- Neurogenic non-neurogenic bladder WG meeting 6. Neuromodulation applications in neurogenic bladder. 12 June 2023 – Online; 78 participants.
- Prolotherapy WG educational meeting. Clinical application of dextrose prolotherapy. 31 May 2023 – Online; 80 participants.

Educational events organised by the TSPRM Specialists
Bi-Monthly educational meetings in Ankara hosted by different PRM Departments:

- Manual therapy in spinal disorders. 26 Oct 2022; Gaziler Physical Medicine and Rehabilitation Training and Research Hospital, Ankara; 80 participants.
- Criteria for acute and subacute neurological rehabilitation. 27 Dec 2022, Ankara Etlik City Hospital, PMR Hospital, Ankara; 85 participants.

3. Neuropathic pain in SCI: Epidemiology and clinical approach with a case discussion. 28 Feb 2023, Ankara University, Medical Faculty Dept. of PMR; 76 participants.
4. Radiofrequency neurotomy applications in PMR. 2 May 2023; Ankara Bilkent City Hospital, PMR Hospital, Ankara; 102 participants.

Electroneuromyography (ENMG) Working Group Educational Meetings:

1. Case presentation. 12 Oct 2022, Online, 75 participants
2. Case presentation. 14 Dec 2022, Online, 81 participants
3. Case presentation. 17 Jan 2023, Online, 70 participants
4. Case presentation. 15 Feb 2023, Online, 76 participants
5. Case presentation. 12 Apr 2023, Online, 72 participants
6. Case presentation. 7 Jun 2023, Online, 91 participants

International Hybrid Meeting organised by the the British Society of Physical & Rehabilitation Medicine:

- Gaziler PMR Training and Research Hospital, and Spasticity management in stroke and SCI. 2 Dec 2022, Ankara and Online, 280 participants.

Meetings organised by the İzmir Branch of TSPRM Specialists:

1. What changed in Cerebral Palsy in the recent 20 years? 6 Dec 2022, İzmir, 55 participants.
2. Approach to Cerebral Palsy cases in genomic/metabolic stage. 28 Feb 2023, İzmir, 65 participants.
3. Upper extremity surgery in Cerebral Palsy. 6 Jun 2023, İzmir, 62 participants.

Educational events organised by both TSPRM and TSPRM Specialists

Stroke Rehabilitation Working Group (WG) course: Assessment in Stroke Rehabilitation; 24 December 2022 – Simultaneously at Ankara and İstanbul; 120 participants.

Stroke Rehabilitation WG educational meeting: Updates in stroke rehabilitation; 15 April 2023 – Online; 140 participants.

Short report (up to 200 words) on national PRM congress (if organized from September 2022)

TSPRM Specialists organizes National Congress every 2 years. The 8th Medical Rehabilitation Congress, organised by the TSPRM Specialists took place on 9-13 November 2022, at JW Marriott Hotel, Ankara. The first 2 days were allocated for courses at 4 halls. A total of 23 half/full day courses were held. Then, the last 3 days were allocated to plenary lectures, scientific panels, meet-the expert sessions, oral presentations, poster sessions, and satellite symposiums. The content of the Congress included almost all practice/interest areas of PRM including neurological, paediatric, cardiopulmonary and musculoskeletal rehabilitation. The number of participants was 760.

TSPRM organizes National Congress every 2 years and a Course Congress every other year. The 4th PMR Course Days Congress, organized by the TSPMR took place on 16 -19 March 2023 in Antalya with the participation of 643 attendees. The program included 36 half-day courses and 6 oral presentation sessions. Each course was presented twice by expert professors on that field. Examples of courses were amputee rehabilitation and prosthesis prescription, upper extremity orthoses prescription, lower extremity orthoses prescription, diagnostic USG for the knee joint, upper extremity lymphedema rehabilitation, lower extremity lymphedema rehabilitation, pedobarographic evaluation, botulinum toxin injections in upper and lower extremities, etc.

Another Course Congress on a special field “Interventional PRM and local painful conditions” was organized by the TSPRM Specialists on 19-21 May 2023 in Bodrum with the participation of 310 attendees. The course/congress program included mainly musculoskeletal ultrasonographic interventions as well as other interventional treatments such as botulinum toxin injections, transcranial magnetic stimulation, radiofrequency applications, spinal injections and nerve blocks.

